

Electro-Stim Acupuncture And Fu Needling For Tennis Elbow

A study of one hundred patients with tennis elbow was performed in order to see the effects of combining Fu needling with electro-stim acupuncture. For three weeks, the patients were divided into three random groups. One group received treatment with Fu needling (n=30), another group was treated with electric acupuncture (n=30), and the third group was treated with the combination of the above two methods (n=40). At the end of three weeks, all three groups had good results, but the combined therapy showed the best effect on tennis elbow. The study concluded that Fu needling combined with electro-stim acupuncture might produce a higher cure rate of tennis elbow than either used alone.

Xia DB, Huang Y. Zhujiang Hospital, Southern Medical University, Guangzhou 510282, China.